







MARKET POSITION:

Aimed at women who are already experts in the kitchen, *Cuisine Actuelle* is the leading cooking and gastronomy magazine in France. 76% of the readership are women, and 59% are 50+. The main readership are from AB backgrounds and are working women who want to bring something new to the table.

	Cuisine Actuelle
Paid Circulation in France ACPM OJD 2024 - 2025 Total Circulation ACPM OJD 2024 - 2025	90 582 94 962
Readership ONE NEXT 2025 S2	3 073 000

EDITORIAL CONTENT:

Cuisine Actuelle is a trusted, women's guide, offering tips for women who are already comfortable in the kitchen and wish to broaden their culinary knowledge. Cuisine Actuelle provides monthly ideas, professional chefs tips, suggests entire menus, and original recipes, as well as advice on the best products on the market. Cuisine Actuelle is passionate about taste, and believes that healthy eating can also be tasty. In 2006, 12 more information pages were added: nutrition, keeping in shape, children, tasting and eating a balanced diet.

ADVERTISING RATES 2026:

FORMAT	STANDARD	Trim (W X H) mm
Page	14 300 €	210 x 280
DPS	28 600 €	420 x 280
1/2 Page ways	9 700 €	210 x 132 or 102 x 180
1/4 Page	7 700 €	102 x 132

TECHNICAL SPECIFICATIONS:

COPY DEADLINE:

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